**Volunteering with Sistering**

Sistering volunteers participate in a broad range of activities, from prepping in the kitchen or serving a holiday meal to sharing professional skills, offering programs, fundraising and sitting as a Committee or Board member.

We would be delighted to give you a [tour of our agency](http://sistering.org/Get_Involved/Speakers_and_Agency_Tours/Speakers_and_Agency_Tours.aspx#tours) so you can experience Sistering first hand. And we can also send a speaker to your workplace or community group to share the Sistering story and the impact volunteers have on the lives of women experiencing poverty, homelessness and social isolation.

For more information please call 416-926-9762 ext. 239.

What sort of volunteer opportunities do you offer?

Program volunteers use their hobbies and specialized skills to run groups or workshops such as ESL classes, aromatherapy, massage, yoga, facials/manicures, beading, crafts, etc.

Sisters Kitchen volunteers help prep and serve meals to participants.

Occasional volunteers help at special events, outings, and seasonal projects.

Corporate/community groups and student placements are also possible. To find out more, please contact our Volunteer Coordinator at (416) 926-9762 ext. 239 or [zcastanos@sistering.org](mailto:zcastanos@sistering.org).

All weekly volunteers are required to attend orientation and screening activities, which include:

* an interview
* an orientation session
* ongoing and “on the job” training and support
* diversity training and other volunteer workshops

*Volunteer application*

Please click [here](mailto:zcastanos@sistering.org?subject=Volunteer%20Application&body=Please%20fill%20in%20all%20information%20and%20send%20back%20to%20zcastanos@sistering.org.%0D%0A%0AName%3a%20%20%0D%0AMailing%20Address%3a%20%20%0D%0APreferred%20Telephone%20%23%3a%20%20%0D%0AAlternate%20%23%3a%20%20%0D%0AEmail%20Address%3a%20%20%0D%0A%0APlease%20indicate%20what%20you%20are%20interested%20in.%0D%0A%0ACommittee%20work%20%5bplease%20write%20in%20the%20committee%2c%20ie.%20fundraising%5d%3a%20%20%0D%0AProgram%20work%20%5bplease%20write%20in%20a%20job%2c%20ie.%20donations%20room%5d%3a%20%20%0D%0ASpecial%20events%20%5bplease%20write%20in%20some%20of%20your%20availability%2c%20ie.%20weekday%5d%3a%20%20%0D%0A%0APresent%20occupation%3a%20%20%0D%0AEmployer%20or%20School%3a%20%20%0D%0A%0APlease%20describe%20any%20paid%20or%20volunteer%20work%20experience%20you%20have%20that%20might%20relate%20to%20your%20interest%20in%20volunteering%20here%3a%20%20%0D%0A%0AHave%20you%20had%20any%20training%20in%20an%20area%20that%20might%20relate%20to%20the%20work%20we%20do%20in%20Sistering%3f%20%20%0D%0A%0APlease%20describe%20any%20skills,%20interests,%20hobbies%20and%20second%20languages%20that%20you%20possess%3a%20%20%0D%0A%0A%0AAvailability%0D%0A%0AHow%20many%20hours%20per%20week%20do%20you%20wish%20to%20volunteer%3f%20%20%0D%0AIf%20you%20do%20not%20have%20a%20weekly%20schedule%2c%20what%20is%20your%20preference%3f%20%20%0D%0A%0APlease%20indicate%20below%20your%20current%20availability%20to%20volunteer.%20Indicate%20the%20day%20of%20the%20week%20%5bMonday%2c%20Tuesday%2c%20Wednesday%2c%20Thursday%2c%20Friday%2c%20Saturday%2c%20or%20Sunday%5d%20and%20the%20time%20of%20the%20day%20%5bMorning%2c%20Afternoon%20or%20Evening%5d%3a%20%20%0D%0A%0AHow%20long%20are%20you%20able%20to%20make%20a%20commitment%20for%3f%20%20%0D%0A%0A%0AEmergency%20contact%20%5bname%2c%20day%2fevening%20telephone%2c%20mailing%20address%5d%3a%20%20) to apply for a volunteer position over email.

**Board of Directors and Committee Volunteers**

Sistering recruits community volunteers who have Board and governance expertise and specialized skills to sit on our Board of Directors.

We also recruit community volunteers to sit on our Fundraising Committee, working with the Fund Development team to open doors to potential donors, development and support fundraising events and activities and more.

**Board of Directors Volunteers**

Board members are Sistering’s ambassadors, loyal supporters, advisors and critics focusing on helping improve the performance of fundraising and communications.

They’re accountable to the membership of Sistering. The role of the Board is to determine policy, ensure effective management and plan for Sistering’s future so that the mission, goals and objectives of the agency can be reached.

Responsibilities of Board Members:

* Become a Sistering Ambassador
* Learn and understand Sistering’s mission, policies, financial and legal

responsibilities, materials provided by the Executive Director, Sistering’s community, community agencies, and the needs of the community

* Prepare adequately and attend monthly meetings
* Become a member of Sistering (there is no fee)
* Attend and support Sistering’s special events
* Participate in fundraising and networking activities
* Provide leadership and be a spokesperson for the agency
* Understand democratic processes and ability to work within a Modified

Governance Model framework

* Actively participate for at least a three-year tenure
* Participate on at least one Board committee
* Bring skills, training and experience from professional, technical and community

areas to provide counsel and advise the Board and agency

* Demonstrated commitment to Sistering’s anti-oppression and feminist policies

and service delivery models

Time commitment

Minimally, to prepare and attend 11 yearly Board Meetings for a minimum of a three-year term. Additional responsibilities include work and assignments to be prepared between meetings, fundraising and networking activities, attendance at special events and participation on at least one Board committee.

For information about applying for a Board of Director position or to obtain a Board of Director application package please contact [Sistering’s Community Resources and Volunteer Engagement Coordinator](mailto:ebercovitz@sistering.org). THIS NEEDS TO LINK TO [zcastanos@sistering.org](mailto:zcastanos@sistering.org)

**Fundraising Committee Volunteers**

Sistering has a number of committees that are comprised of Sistering staff, community volunteers, participant volunteers, and Board volunteers.

Responsibilities

* Learn and understand Sistering’s mission, policies, history, community of women

we serve, materials provided by staff

* Prepare adequately and attend monthly meetings
* Provide leadership to the committee
* Understand democratic processes
* Ability to work well with others
* Actively participate in monthly meetings for at least a one-year tenure
* Participate in external activities and events relevant to the committee’s work
* Bring skills, training and experience from professional, technical and community

areas to provide expertise to the committee

* Demonstrated commitment to Sistering’s anti-oppression and feminist policies

and service delivery models

Time Commitment

Volunteers are asked to prepare for and attend committee meetings (some committees meet monthly, others meet based on a project basis) and to provide support and work on activities outside of committee meeting times, for a minimum term of one year.

Committee volunteers go through the general interview, screening, and training process as all volunteers who participate in Sistering’s volunteer program (see [Volunteer Policy](http://sistering.org/Our_Policies/Volunteer/Volunteer.aspx)).

For more details, please contact [Sistering’s Community Resources and Volunteer Engagement Coordinator](mailto:ebercovitz@sistering.org). THIS NEEDS TO LINK TO zcastanos@sistering.org

Click here to download our [Volunteer Application Form](http://sistering.org/UserDir/Documents/VolunteerApplicationForm.pdf) [PDF] or [send us an email](mailto:ebercovitz@sistering.org?subject=Volunteer%20Application&body=Please%20fill%20in%20all%20information%20and%20send%20back%20to%20ebercovitz@sistering.org.%0D%0A%0AName%3a%20%20%0D%0AMailing%20Address%3a%20%20%0D%0APreferred%20Telephone%20%23%3a%20%20%0D%0AAlternate%20%23%3a%20%20%0D%0AEmail%20Address%3a%20%20%0D%0A%0APlease%20indicate%20what%20you%20are%20interested%20in.%0D%0A%0ACommittee%20work%20%5bplease%20write%20in%20the%20committee%2c%20ie.%20fundraising%5d%3a%20%20%0D%0AProgram%20work%20%5bplease%20write%20in%20a%20job%2c%20ie.%20donations%20room%5d%3a%20%20%0D%0ASpecial%20events%20%5bplease%20write%20in%20some%20of%20your%20availability%2c%20ie.%20weekday%5d%3a%20%20%0D%0A%0APresent%20occupation%3a%20%20%0D%0AEmployer%20or%20School%3a%20%20%0D%0A%0APlease%20describe%20any%20paid%20or%20volunteer%20work%20experience%20you%20have%20that%20might%20relate%20to%20your%20interest%20in%20volunteering%20here%3a%20%20%0D%0A%0AHave%20you%20had%20any%20training%20in%20an%20area%20that%20might%20relate%20to%20the%20work%20we%20do%20in%20Sistering%3f%20%20%0D%0A%0APlease%20describe%20any%20skills,%20interests,%20hobbies%20and%20second%20languages%20that%20you%20possess%3a%20%20%0D%0A%0A%0AAvailability%0D%0A%0AHow%20many%20hours%20per%20week%20do%20you%20wish%20to%20volunteer%3f%20%20%0D%0AIf%20you%20do%20not%20have%20a%20weekly%20schedule%2c%20what%20is%20your%20preference%3f%20%20%0D%0A%0APlease%20indicate%20below%20your%20current%20availability%20to%20volunteer.%20Indicate%20the%20day%20of%20the%20week%20%5bMonday%2c%20Tuesday%2c%20Wednesday%2c%20Thursday%2c%20Friday%2c%20Saturday%2c%20or%20Sunday%5d%20and%20the%20time%20of%20the%20day%20%5bMorning%2c%20Afternoon%20or%20Evening%5d%3a%20%20%0D%0A%0AHow%20long%20are%20you%20able%20to%20make%20a%20commitment%20for%3f%20%20%0D%0A%0A%0AEmergency%20contact%20%5bname%2c%20day%2fevening%20telephone%2c%20mailing%20address%5d%3a%20%20). THIS NEEDS TO LINK TO:

[zcastanos@sistering.org](mailto:zcastanos@sistering.org)

For more details about volunteering to sit on committees, please contact [Sistering’s Community Resources and Volunteer Engagement Coordinator](mailto:ebercovitz@sistering.org). THIS NEEDS TO LINK TO zcastanos@sistering.org

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